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Reference to a journal:

Tamura B., Munagawa U., Yakoi Z., Sakuto J., and Nofaki M. (2018), Hand baths for improving hand mobility in patients with acute stroke, *Journal of Japanese Academy of Neuroscience Nursing*, 4(1): 204-220.

References to a book:

Panfield A., and Lamdquist S. (1975), *The Cerebral Cortex of Man*, MacMillan, New York.

References to chapter in a book:

Snydal L and Lamdquist S. (2010), *Complementary/Alternative Therapies in Nursing* 3<sup>rd</sup>, 90-94, Springer Pub, New York.